

Clean teeth are COOL!

Brush & Floss Chart

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Week 1

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Week 2

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Week 3

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Week 4

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Week 5

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss

Brush
 Floss